

Maj. (Dr.) Amit K. Gupta, MD, FAPA

Board Certified Adult, Child and Adolescent Psychiatrist

General Leonard Wood Army Community Hospital

Accepting
New
Patients



Medical School:

Rutgers University, Robert Wood Johnson Medical School, Camden, New Jersey

Residency/Fellowship:

Tripler Army Medical Center, Honolulu, Hawaii

Office Location:

General Leonard Wood Army Community Hospital, Behavior Health Service Line, lower floor, room 63

Reasons to see Dr. Gupta:

- Board certified child and adolescent psychiatrist well-versed in diagnosing, assessment, and treatment of psychiatric disorders in a wide age range
- Dr. Gupta is a member of the new Child and Family Behavioral Health Services team (Psychiatric Nurse Practitioner, Child-trained Psychologist, and Child and Family Therapist)
- Active Duty Major with over nine years of experience working with military families

What do you like most about your job?

Dr. Gupta: "I love working with the military population and being able to help our American heroes and their families. I understand the real need to help treat younger military family members—to help them through the unique and significant stresses that military deployments place on service members' families. I was fortunate enough to receive an extra two years of specialized training in child and adolescent psychiatry. I have been able to put that to good use helping military families over the past few years."

Where was your last duty Station?

Dr. Gupta: "My last duty station was at Landstuhl Regional Medical Center, in Landstuhl Germany. I was in charge of the Child and Family Behavioral Health Services Division as well as the School Behavioral Health Team there. It was a wonderful opportunity and Germany was a great place to live as well as a great jumping-off point to visit other European countries since it's located in the center of Europe. It was amazing to take off for the weekend to visit Switzerland, Denmark, Austria, Belgium, Paris, and Amsterdam. Trips to Italy, Spain and England were easily doable on four-day weekends."

Why did you choose to come to Fort Leonard Wood?

Dr. Gupta: "Two reasons. The first is family. My wife is currently working in St. Louis as a recruiter. And the other reason is because this hospital is really interested in expanding our ability to care for pediatric behavioral health and has a new stand-alone child and family behavioral health service. When I heard this, I knew that I could become a part of that team and significantly contribute to this important mission."

How do you spend your time when you're not working?

Dr. Gupta: "My wife and I are newlyweds and we are very happy to spend time with each other! We have two dogs (Yorkshire terriers) who we adore—Gabby and Andy. We both like to explore the outdoors and travel as much as we can. Missouri has some of the most scenic landscapes in the central United States. It's beautiful in the fall with the leaves changing and we look forward to springtime here as the green returns to bring new life to Missouri forests. But if we're feeling lazy, we love to sit at home with the dogs and watch movies! Nothing like kicking back with the family and a good action movie!"



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